



MARCH GROUP FITNESS CLASSES

	MON	TUE	WED	THU	FRI	SAT	SUN
6:30 AM			6:30 AM SUNRISE STRENGTH MATT				
8:30 AM	8:30 AM FUNCTIONAL STRENGTH LINDY				8:30 AM FUNCTIONAL STRENGTH LINDY		
9:00 AM		9:00 AM RIVERWALK THE DOGS HANNAH	9:00 AM YOGA TRAPEZE KAHREENA			9:00 AM BARRE HANNAH	
10:00 AM							10:00 AM YOGA
12:00 PM		12:00 PM NOON CIRCUIT HANNAH		12:00 PM NOON CIRCUIT HANNAH		SCAN HERE — → → — OPEN YOUR CAMERA SCAN THE CODE TAP THE LINK	
5:30 PM	5:30 PM BEGINNER STRENGTH MATT	5:30 PM POWER YOGA LEXI	5:30 PM BARRE HANNAH	5:30 PM SLOW FLOW YOGA LEXI	5:30 PM COMMUNITY ZUMBA DEZ		
6:30 PM	6:30 PM TRAPEZE YOGA KAAHREENA	6:30 PM ZUMBA HANNAH	6:30 PM TRAPEZE YOGA KAAHREENA	6:30 PM STRENGTH DANNIELLE			