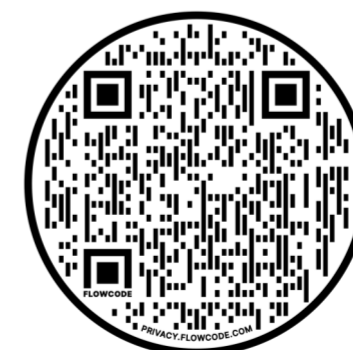


# STUDIOFIT CLASSES **MAY** 2022

	MON	TUE	WED	THU	FRI	SAT	SUN
<b>6:30 AM</b>			6:30 AM <b>SUNRISE STRENGTH</b> MATT  Location: Serosis Park				
<b>8:30 AM</b>	8:30AM <b>FUNCTIONAL STRENGTH</b> LINDY		8:30AM <b>FUNCTIONAL STRENGTH</b> LINDY		8:30AM <b>FUNCTIONAL STRENGTH</b> LINDY		
<b>9:00 AM</b>		9:00AM <b>RIVER RUN</b> HANNAH  Location: Klindt's Cove		9:00AM <b>RIVER RUN</b> HANNAH  Location: Klindt's Cove		9:00AM <b>BARRE</b> HANNAH	
<b>5:30 PM</b>	5:30PM <b>BEGINNER STRENGTH</b> MATT		5:30PM <b>BARRE</b> HANNAH	5:30PM <b>FOAM ROLLING</b> LINDY			
<b>6:00 PM</b>		6:00PM <b>STRETCH</b> HANNAH					
<b>6:30 PM</b>	6:30PM <b>ZUMBA</b> Dez		6:30PM <b>COMMUNITY ZUMBA</b> HANNAH	6:30PM <b>HIIT STRENGTH</b> MATT			



## May Events

"Barre & Bubbles"

Friday, May 27th 6-8pm

Barre Class + After Party  
+ Refreshments + Door Prizes

21 & Over Event

Tickets Available at

Studiofittd Website